

GLUTEN FREE

STARTERS

***BATTERED MUSHROOM £6**

Gluten free battered mushrooms with garlic mayo and salad

***CHILLI CHICKEN STRIPS £7.50**

Chilli marinated chicken with black pepper mayo & house salad

***CURRIED SEAFOOD CHOWDER £7.50**

Seafood selection in a mild creamy madras sauce

***COD GOUJONS £7**

With tartar sauce & house salad

MAINS

***CHILLI BOWL £13**

Beef chilli with boiled rice and sour crème and onion salsa

***CHICKEN CURRY £13**

Chicken breast and mixed vegetables in a medium Madras curry sauce, boiled rice

***SOUTHERN FRIED CHICKEN £13**

Marinated strips drizzled in sweet chilli with black pepper mayo, salad & side

***FISH & CHIPS £13**

Lightly gluten free battered cod with mushy peas, lemon, tartar sauce, salad & triple cooked chips

***CURRIED CHOWDER £13**

Cod, Salmon & Prawns in a creamy madras sauce with baby boils & seasonal vegetables

CHICKEN STACK £14.95

Char grilled chicken, southern fried chicken, creamy mash, seasonal vegetables, crispy tobacco onion & pepper jus

ALL STEAKS AVAILABLE £

See description and ounces in main menu

DESSERTS

***SELECTION OF ICE CREAMS £4.50**

With berry coulis

***STICKY TOFFEE PUDDING £6**

With toffee sauce & vanilla ice cream

***BROWNIE £6**

Terry's chocolate orange brownie with chocolate drop sauce, orange zest and vanilla ice cream

VEGETARIAN

STARTERS

***SOMETHING SOUP £5.00**

With wheaten bread

***BATTERED MUSHROOM £6**

Crispy battered mushrooms with garlic mayo and salad

***NACHOS £7.50**

Melted cheddar and tomato and red onion salsa nachos

MAINS

***VEGETABLE CURRY £13**

Vegetables in medium spiced madras curry sauce, rice & garlic naan (*add chips £2*)

***MUSHROOM & BEEF TOMATO BURGER**

£13

Crispy battered mushrooms and roasted beef tomato, salad in a sweet brioche bun & choice of side

***SPICY BEAN BURGER £13**

In a brioche bun with melted cheddar, Teddy's burger sauce, tobacco onions, salad & side

(All of Teddy's desserts are vegetarian)

VEGAN

STARTERS

***SPRING ROLL £8**

With nim jim dip & salad

***BATTERED MUSHROOMS £6**

With BBQ sauce & salad

MAINS

***MUSHROOM & BEEF TOMATO BURGER**

£13

Roasted portobello mushroom and roasted beef tomato with salad & choice of side

DESSERT

***selection of luxury sorbets £6**