

GLUTEN FREE

STARTERS

***BATTERED MUSHROOM £5.95**

Gluten free battered mushrooms with garlic mayo and salad

***CHILLI CHICKEN STRIPS £7.50**

Chilli marinated chicken with black pepper mayo & house salad

***CURRIED SEAFOOD CHOWDER £7.45**

Seafood selection in a mild creamy madras sauce

***COD GOUJONS £7.95**

With tartar sauce & house salad

MAINS

CHILLI BOWL £12.95

Beef chilli with boiled rice and sour crème and onion salsa

CHICKEN CURRY £12.95

Chicken breast and mixed vegetables in a medium Madras curry sauce, boiled rice

***SOUTHERN FRIED CHICKEN £12.95**

Marinated strips drizzled in sweet chilli with black pepper mayo, salad & side

***FISH & CHIPS £12.95**

Lightly gluten free battered cod with mushy peas, lemon, tartar sauce, salad & triple cooked chips

***CURRIED CHOWDER £12.95**

Cod, Salmon & Prawns in a creamy madras sauce with baby boils & seasonal vegetables

CHICKEN STACK £14.95

Char grilled chicken, southern fried chicken, creamy mash, seasonal vegetables, crispy tobacco onion & pepper jus

ALL STEAKS AVAILABLE £

See description and ounces in main menu

DESSERTS

***SELECTION OF ICE CREAMS £4.95**

With berry coulis

***STICKY TOFFEE PUDDING £5.95**

With toffee sauce & vanilla ice cream

***BROWNIE £5.95**

Terry's chocolate orange brownie with chocolate drop sauce, orange zest and vanilla ice cream

***MIXED BERRY MESS £5.95**

Mixed berries, meringue, mixed berry coulis, fresh cream and berry sorbet

VEGETARIAN

STARTERS

***SOMETHING SOUP £5.00**

With wheaten bread

***BATTERED MUSHROOM £6.25**

Crispy battered mushrooms with garlic mayo and salad

***NACHOS £7.95**

Melted cheddar and tomato and red onion salsa nachos

MAINS

VEGETARIAN PASTA £12.95

Mixed vegetables in a parmesan and garlic cream sauce, rocket and parmesan salad and garlic crusty

***VEGETABLE CURRY £12.95**

Vegetables in medium spiced madras curry sauce, rice & garlic naan **(add chips £1.50)**

***FIRECRACKER VEGETABLES £12.95** char grilled vegetables in chilli, curry & nim jim with salad, coleslaw & side **(add naan OR garlic bread £1.50)**

***MUSHROOM & BEEF TOMATO BURGER £12.95**

Crispy battered mushrooms and roasted beef tomato, salad in a sweet brioche bun & choice of side

***SPICY BEAN BURGER £12.95**

In a brioche bun with melted cheddar, Teddy's burger sauce, tobacco onions, salad & side

(All of Teddy's desserts are vegetarian)

VEGAN

STARTERS

***SPRING ROLL £7.95**

With nim jim dip & salad

***BATTERED MUSHROOMS £7.25**

With BBQ sauce & salad

MAINS

***VEGAN FIRECRACKER £12.95**

With boiled rice & garlic & herb naan

***MUSHROOM & BEEF TOMATO BURGER £12.95**

Roasted portobello mushroom and roasted beef tomato with salad & choice of side

DESSERT

***selection of luxury sorbets £5.95**